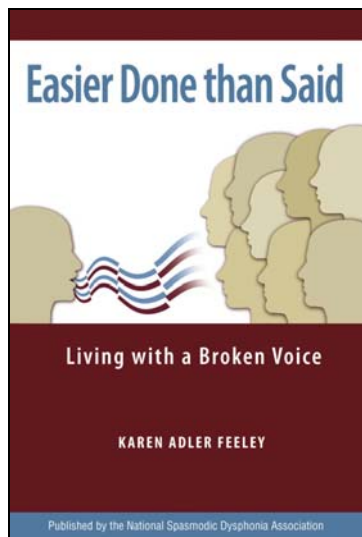


# Easier Done than Said: Living with a Broken Voice

*A new book published by the National Spasmodic Dysphonia Association*



*Easier Done than Said: Living with a Broken Voice* is designed to address the challenges associated with Spasmodic Dysphonia (SD), a rare neurological disorder that affects the vocal cords. Written by those who suffer from SD, and professionals who work with SD patients, it is a compendium of shared experiences from within the SD community. Whether you are new to SD, have been living with it for a while, or are interacting with someone who has SD, the most important message that you can take from this book is this: you are not alone.

For those who have been coping with SD for years, this book provides new ideas to address current issues related to life with SD. For those who are recently diagnosed or who are still seeking answers to this strange ailment, this book serves as a useful reference guide to life with SD. For friends, family members, or co-workers of those with SD, this book explains the challenges people with SD face.

Author Karen Adler Feeley has been living with SD since 1997 and has been an active member of the National Spasmodic Dysphonia Association since 2001. During that time, she has served as Mid-Atlantic Regional Coordinator and Special Projects Facilitator. Ms. Feeley holds an MBA in Human Resources Management and currently works as Director of Training for Dougherty & Associates, Inc., a consulting company that specializes in human capital solutions, training, and communications. Mrs. Feeley currently lives in Arlington, VA, with her husband.

*The mission of the National Spasmodic Dysphonia Association is to advance medical research into the causes of and treatments for spasmodic dysphonia, promote physician and public awareness of the disorder, and provide support to those affected by spasmodic dysphonia.*

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