

# THE DRIVER HAS A VOICE DISORDER

## SPASMODIC DYSPHONIA IS A NEUROLOGICAL DISORDER THAT AFFECTS THE WAY I SPEAK

Please be patient with me and try to listen closely as it may be difficult for me to speak.

My voice may break, sound strained or shaky. I may only be able to speak in a whisper.

Stress can aggravate it, so I may struggle to get my words out.

It helps to eliminate background noise as my voice may not have a lot of volume.

Please understand that I may need to write down what I am trying to say or type it on my cell phone.

**National Spasmodic Dysphonia Association**  
800-795-6732 | [www.dysphonia.org](http://www.dysphonia.org)

