

# Living with a Broken Voice?

*Easier Done  
than Said*



## SPASMODIC DYSPHONIA

- Connected speech is interrupted and broken
- Types include adductor: strained, tight, or strangled voice; abductor: breathy or whispery; or mixed
- Neurological voice disorder and focal form of dystonia
- No known cause, no cure, but treatments may include speech therapy, botulinum toxin injections, and surgical interventions



**National Spasmodic Dysphonia Association**

*Speak Out for Spasmodic Dysphonia*

[www.dysphonia.org](http://www.dysphonia.org)