Living with a Broken Voice?

Easier Done than Said

SPASTIC DYSPHONIA

- Connected speech is interrupted and broken
- Types include adductor: strained, tight, or strangled voice; abductor: breathy or whispery; or mixed
- Neurological voice disorder and focal form of dystonia
- No known cause, no cure, but treatments may include speech therapy, botulinum toxin injections, and surgical interventions

National Spasmodic Dysphonia Association
Speak Out for Spasmodic Dysphonia
www.dysphonia.org