



## Support Group Leader Committee

The support network of our patient-driven NSDA is thriving thanks in a large part due to the tireless dedication of hundreds of our leadership volunteers.

The hard work of our staff, Regional Representatives, and others, have created an explosion of support groups across the US and in International Regions. Leading our SD support groups are compassionate volunteers with a willingness to serve our NSDA community.

We want to make it clear that the work of the Support Group Leader Committee will be to augment the important work being done by our two Regional Representatives. They are: Carol Doles, Eastern Regional Representative and John Comer, Western Regional Representative. Carol and John remain the point persons for individuals and leaders in their regions.

We realize that the role of Support Group Leaders has its ups and downs. We are willing to offer help and advice to those who need information and ideas on how to solve problems. We will point leaders who contact us to the resources that the NSDA has available, and we will be there to give an opinion based on our personal experience in support group leadership. We will rotate mentorship among our committee members. If you have a need, please contact our Support Group Leader Committee Chair, Mary Bifaro. She will then have one of our committee members contact you.

Here is a brief background of the NSDA involvement of each member of this committee:

### **Mary Bifaro**

*NSDA Board Member since 2003, serves as Support Services Director. Member of The SD Support Group of Charlotte, NC for 21 years, and has led it for the past ten years. Edits the quarterly report, "Voices of Support".*

### **Carol Doles**

*Has served as Leader of The Greater Columbus, Ohio SD Support Group since 2008 and is the current Leader of the Central Virginia SD Support Group. Carol also serves as the Eastern Regional Representative.*

We look forward to working with you in pursuit of our mission goals. Together, we will continue to make a difference in the lives of those affected by SD.